BALTIC CUP
Polish Optimist Dinghy Association
International Championship

Dziwnów, 18th – 20th September 2026

SAILING INSTRUCTIONS

1. RULES AND CODE OF CONDUCT

1.1 In all rules governing this regatta:
[NP] denotes a rule that shall not be grounds for protest by a boat. This changes RRS 60.1(a).

1.2 [NP][DP] Competitors and support persons shall comply with any reasonable request from an event official and organizers.

2. COMMUNICATIONS WITH COMPETITORS

2.1 Notices to competitors will be posted on the official online notice board at: https://portal2.psko.pl/regaty/baltic-cup-miedzynarodowe-mistrzostwa-polskiego-stowarzyszenia-klasy-optimist-2026/tablica-online

2.2 An additional form of information for the support persons will be WhatsApp group which can be joined by the following link: https://chat.whatsapp.com/LKreiFtpEEp31CaA3ZRobX

2.3 Signals ashore will be displayed at signal mast in Port Jachtowy Dziwnów.

2.4 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' (90 minutes for racing area „Bravo"). This changes signal AP in Race Signals.

2.5 [DP] Flag D displayed ashore with one sound means 'The warning signal will be made not less than 60 minutes (90 minutes for racing area „Bravo") after flag D is displayed.' Boats shall not leave their berth until this signal is made. Flag D will be displayed together with a race area flag as per SI 7.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted not later than 90 minutes before the race from which it will take effect, except of any change to the format or schedule of the races which will be posted by 2000 on the day before it will take effect.

4. FORMAT OF RACING

4.1 The regatta consists of a qualifying series and a final series. Boats are required to carry appropriate ribbons on top of their sprits as per SI 6 [NP][DP].

4.2 Boats will be assigned to fleets as provided in rule 39 of PSKO regulations. Fleet assignment for second and third day will be posted no later than on 0900 that day.

4.3 **Qualifying series**

4.3.1 Boats will be reassigned to fleets after each day of racing, except if only one race of the regatta is completed. If all fleets have completed the same number of races, boats will be reassigned based on their ranks in the series. If both fleets have not completed the same number of races, the series scores for reassignment will be calculated for those races, numbered in order of completion, completed by all fleets.

4.3.2 If all fleets have not completed the same number of races by the end of a day, the fleets with fewer races will continue racing the following day until all fleets have completed the same number of races. All boats will thereafter race in the new fleets.

4.3.3 If at the end of the qualifying series some qualifying series fleets have more race scores than others, any extra races will be abandoned so that all boats in the qualifying series have the same number of race scores.

4.4 **Final series**

4.4.1 On the last day of regatta, a final series will be scheduled provided four or more qualifying series races has been completed.

4.4.2 Boats will be assigned to the gold, silver, bronze and emerald fleets based on their ranks in the qualifying series.

4.4.3 The boats competing in the gold fleet shall be scored higher in the regatta than boats competing in the silver fleet and so on. This may not apply to a boat disqualified under RRS 6 or 69.

5. SCHEDULE OF RACES

5.1 11 races are scheduled:

Date	No of races	First warning signal
Friday	4 (qualifiers)	1130
Saturday	4 (qualifiers)	1100
Sunday	3 (finals)	1100

5.2 Races not sailed on the scheduled day may be sailed on following days at the discretion of the race committee.

5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6. CLASS FLAGS AND IDENTIFICATION

Fleet	Identification - ribbon	Class flag
Yellow/Gold	Yellow	Yellow flag
Blue/Silver	Blue	Blue flag
Red/Bronze	Red	Red flag
Green/Emerald	Green	Green flag

7. RACING AREAS

The racing areas are shown in SI Addendum 2. In order to inform boats which, race area is to be used code flag “Alpha” or “Bravo” will be displayed together with flag D as per SI 2.5.

8. THE COURSE

The diagram in SI Addendum 1 shows the course, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9. MARKS

9.1 Marks 1, 2, 3S and 3P will be yellow cylindrical buoys with white bands.

9.2 The starting line marks will be race committee vessels.

9.3 The finishing line marks will be a race committee vessel on the starboard end and a staff buoy with an orange flag on the port end.

9.4 New marks for the purpose of SI 10 will be orange cylindrical buoys.

9.5 The waiting area windward boundary will be designated by yellow cigars.

10. CHANGING NEXT LEG OF THE COURSE

To change the next leg of the course, the Race Committee will:

a) set a New Mark or New Marks in case of the gate, or

b) move the finishing line.

This changes RRS 33.

11. THE START

11.1 The starting line will be between staffs displaying orange flags on starting line marks.

11.2 [DP] When the warning signal for the fleet has been made, boats from the other fleets shall be in the waiting area. Boats may approach the starting line after the starting signal of the previous fleet.

11.3 A boat starting later than **2 minutes** after her starting signal will be scored **DNS**. This changes RRS A4 and A5.

12. THE FINISH

The finishing line will be between staff displaying blue flag on finishing vessel and a finishing line mark.

13. PENALTIES

Penalties for breaches of SIs marked [DP], class rules or RRS Appendix G are at the discretion of the protest committee and may be less than disqualification.

14. TIME LIMIT AND TARGET TIME

14.1 Following time limits and target times apply:

Time limit	Mark 1 time limit	Target time
75 min	25 min	45 min

14.2 If no boat rounds Mark 1 within the Mark 1 time limit, the race committee shall abandon the race.

14.3 Boats that do not finish within **15 minutes** after the first boat from their fleet sails the course will be scored **DNF**. This changes RRS 35, A4 and A5.

15. HEARING REQUESTS

15.1 A boat intending to protest shall inform the Race Committee of the boat/s being protested at the finishing line immediately after finishing. This expands the requirements of RRS 60.2.

15.2 Hearing requests are available on-line at event online Jury panel: https://portal2.psko.pl/regaty/baltic-cup-miedzynarodowe-mistrzostwa-polskiego-stowarzyszenia-klasy-optimist-2026/komisja-protestowa
Protests and requests for redress or reopening shall be delivered online.

15.3 For each fleet, the protest time limit is 60 minutes (90 minutes for racing area „Bravo") after the last boat has finished the last race of the day or the race committee has displayed AP or N over A.

15.4 Hearing schedule will be posted at event website as soon as practicable. Hearings will be held in the protest room, located at the Jury Office at Marina building beginning at the time posted.

15.5 A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted at event website.

15.6 On the last day of the series, a request for reopening a hearing shall be delivered:
a) within the protest time limit if the requesting party was informed of the decision on the previous day;
b) no later than 30 minutes after the requesting party was informed of the decision on that day.
This changes RRS 63.7(b).

15.7 On the last day of the series, a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 61.2(b).

16. SCORING

16.1 RRS A4.2 is changed so that the scores in qualifying series are based on the number of boats assigned to the largest fleet.

16.2 To request correction of an alleged error in the posted races or series results, a boat shall complete a scoring enquiry form available on the ONB: https://portal2.psko.pl/regaty/baltic-cup-miedzynarodowe-mistrzostwa-polskiego-stowarzyszenia-klasy-optimist-2026/sprostowanie-wynikow .

17. SAFETY REGULATIONS [NP] [DP]

17.1 A boat retiring from a race shall notify a race committee or safety boat as soon as possible.

17.2 Boats not leaving the harbour for a scheduled race shall promptly notify the Race Office.

17.3 Each boat shall be checked out and checked in by hers support person by signing checklist located in front of the race office. Check out shall be done before going afloat and check in shall be done after coming back ashore within protest time limit.

17.4 For the purpose of RRS 37 Race Committee **VHF Channel is 72.**

18. REPLACEMENT OF EQUIPMENT [DP]

Substitution of damaged or lost equipment will not be allowed unless approved by the Technical Committee. Requests for substitution shall be made to the Technical Committee at the first reasonable opportunity.

19. OFFICIAL BOATS

Official boats will be marked as follows:

- White flag with letter “J”– protest committee;
- White flag with letter “RC”– race committee;
- White flag with letter “M” – technical committee.

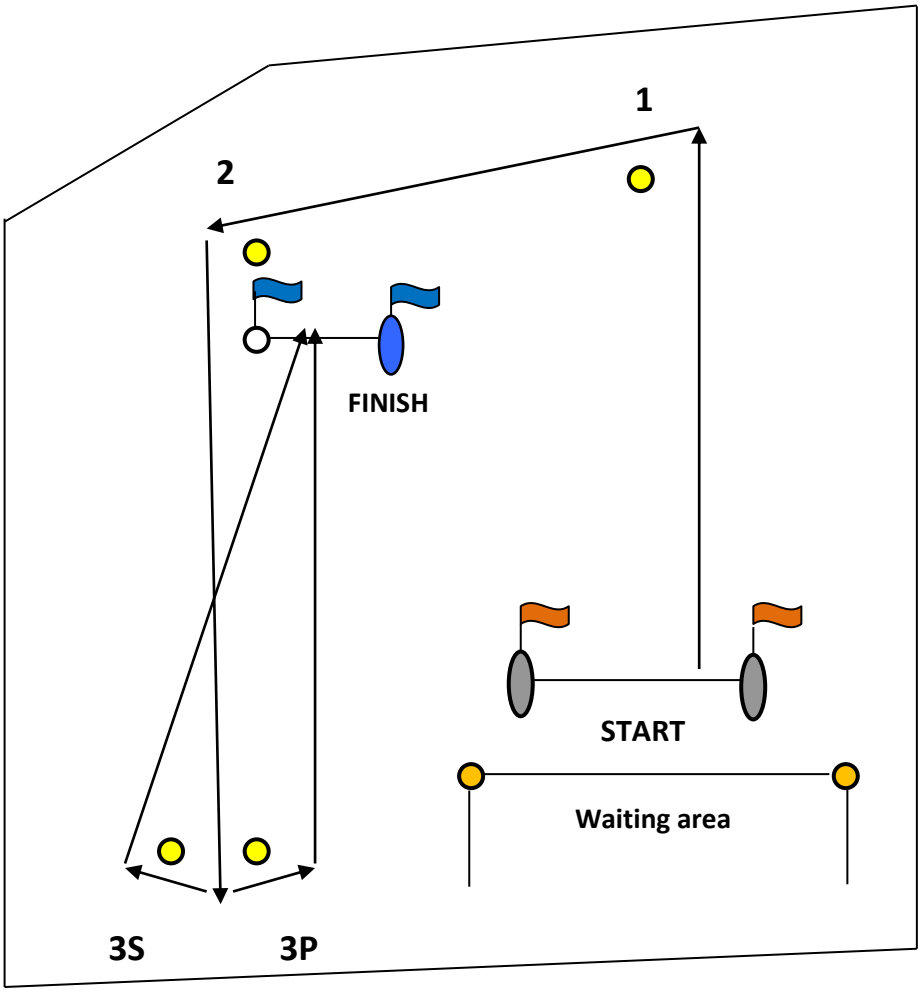
20. SUPPORT BOATS

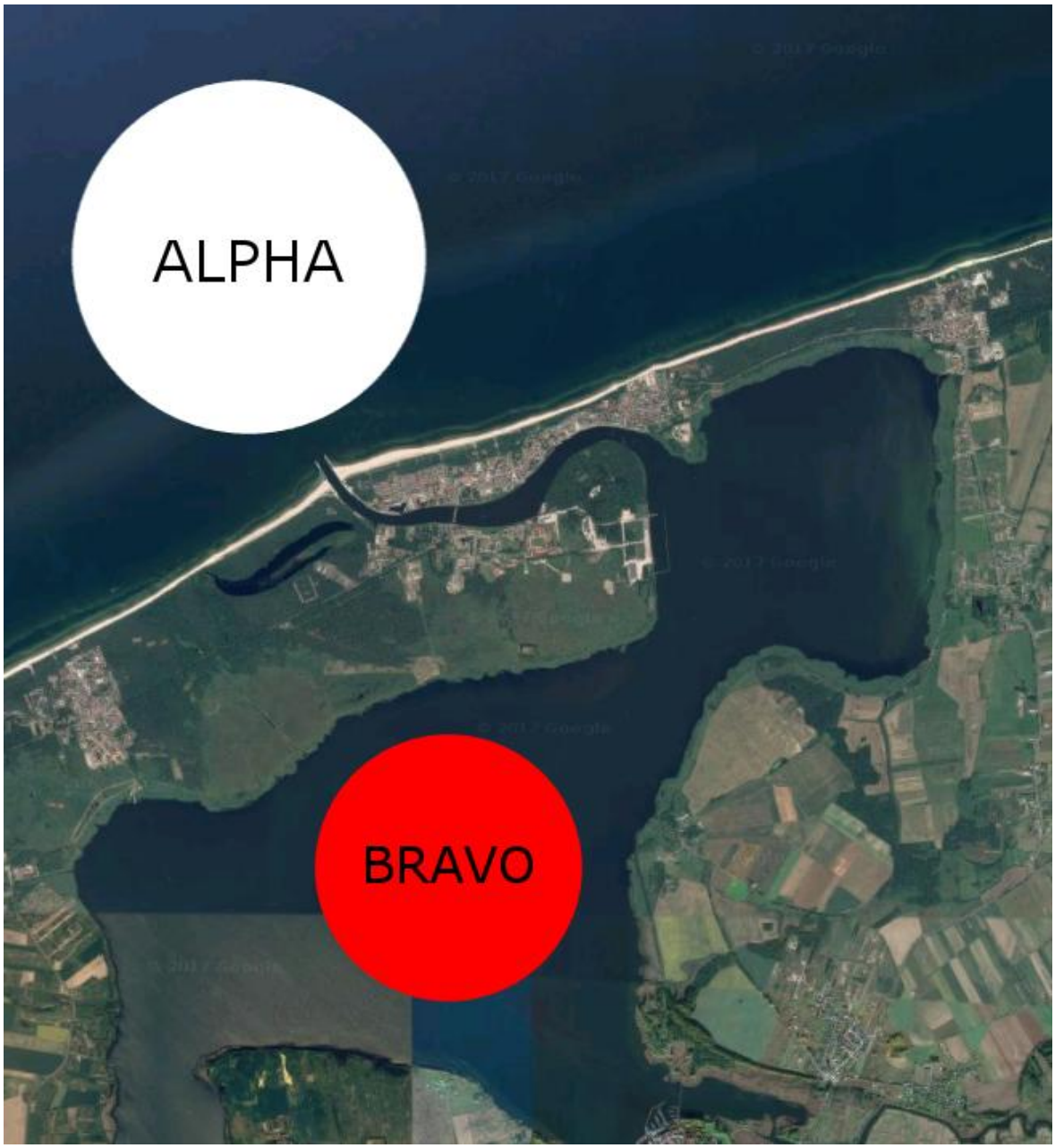
20.1 Team Leaders, Coaches and other support personnel shall stay outside the area where boats are racing, not closer than 75 from any boat racing, from the time the preparatory signal is displayed for the first fleet until all boats of all fleets have finished or the Race Committee signal a postponement or abandonment for all fleets. **Support boats shall not stay in the area between the start and the finish from the first warning signal of the day until the last fleet of the last race of the day has started and sailed the first leg of the course.**

20.2 In addition, support boats that are motoring above 5 knots shall remain at least 150 meters from any boat racing.

20.3 **All support persons afloat shall wear a personal flotation device and if driving the boat, use the “kill-cord” at all times while the engine is running.**

ADDENDUM 1 – THE COURSE



Rounding order: **START – 1 – 2 – 3S/3P – FINISH**

ADDENDUM 2 – RACING AREAS